

GIRLS AND BOYS 2015-2016 BASKETBALL POLICIES AND PROCEDURES

TEAM SELECTION: Applicants will be placed in a draft. Coaches will select players according to their draft position. Draft order will be determined by draw and go in a snake order. Teams may start with 3 players before the draft. On occasion, there may be a 4th player that has to be with such kid' in this case the team will forfeit their first round pick. Starting with anymore players than this will put you in the competitive league.

RULES: NATIONAL FEDERATION EDITION - HIGH SCHOOL RULEBOOK WITH THE FOLLOWING EXCEPTIONS:

1. 5 minute quarters for ALL Leagues
2. **Mandatory Substitution: Rec Teams Only:** The first three-quarters will be divided into half intervals for mandatory substitution. A penalty for not substituting during the correct time will result in a technical foul. Free substitution will be allowed in the fourth quarter.
3. 4 one-minute time outs allowed in the game.
4. 1 minute between quarters.
5. 3 minutes between halftime.
6. Press Rules:
NO PRESS AFTER 15 POINT LEAD (APPLIES TO ALL LEAGUES). PENALTY: 1 WARNING WILL BE GIVEN, AND THEN A TECHNICAL FOUL WILL BE CALLED ON TEAM.
10-up Year Old League: Full court press.
8&9 Year Old League: Half court press- first three quarters; full press-4th quarter.
6&7 Year Old League: No press allowed. Defense must set up behind the time line. Offense has 10 seconds from inboundng basketball to pass, dribble, or shoot the ball past the line.
7. **GOAL HEIGHT:**
6/7 8ft goals
8/9 9ft goals
10/UP 10ft goals
8. **FREETHROW:**
6/7 shoot from behind white line - 10 ½ ft
8/9 shoot from behind gray boxes – 11 ½ ft
10/UP regular free throw line - 15 ft
9. The game **COULD** be forfeited if the team cannot field four players 10 minutes after the **SCHEDULED GAME TIME (if behind schedule, 10 minutes after previous game)**. Action will be determined by the Recreation Director or Recreation Personnel on duty.
10. **THE REFEREE'S ARE GOING TO MAKE MISTAKES!!!!!! COMPLAINING TO ME OR YELLING AT THEM IS NOT GOING TO CHANGE THE CALL. THEY ARE GOING TO HAPPEN. THEY HAPPEN AT THE PRO LEVEL AND THEY MAKE A TON MORE MONEY THEN THESE REFEREES.**
11. The 3-point shot will be in effect in all leagues except 6/7.
12. Two, 2-minute overtimes in all leagues. If the score is tied after second overtime, the teams will re-jump and play until the first team scores. (SUDDEN DEATH) Only for regular season. Playoffs will play the full overtimes until there is a winner.
13. **Uniforms must be worn during each game. Shirts will be kept tuck in shorts. SHORTS can not have pockets.**
14. No food will be allowed in bench area. Bottled drinks only.
15. No rings, watches, bracelets, necklaces, earrings, ankle bracelets, hair bows, or toys are allowed on gym floor during practices or games.
16. Notify referee of any players wearing contact lenses or any medical problems limiting play.
17. One coach will be allowed to stand in the coach's box on the floor. All other coaches must remain seated on the bench. Only team players & three coaches are allowed on bench. Coaches will not be allowed to approach the score table unless a time - out is called first and referees are called over. **ALL COACHES ARE REQUIRED TO HAVE A VOLUNTEER/COACHES FORM ON FILE AT THE RECREATION DEPT.**
18. There will be one, plus bonus free-shot on the 7th, 8th, & 9th team foul. On the 10th team foul, there will be two free throw shots.
19. **Poor sportsmanship will not be tolerated.**

THERE WILL BE NO PROTESTS; THE REFEREE'S DECISION WILL BE FINAL!

- **NO PERSONAL BASKETBALLS ALLOWED IN THE GYM.**
- **TENNIS SHOES MUST BE WORN AT ALL PRACTICES AND GAMES.**

BASICS

Participants must know and abide by the City Recreation Basketball rules.

- *Must accept referees decisions with sportsmanlike conduct and without dispute.*
- *Must behave respectfully and courteously in the spirit of fair play towards the referees, other officials, opponents, teammates and spectators.*
- *Must refrain from actions or attitudes aimed at influencing the decisions of the referees or covering up faults committed by their team.*
- *Must refrain from actions aimed at delaying the game*

No alcoholic beverages or smoking allowed in the Altus City Gym. Any coach, player, or spectator ejected from a game or the gym may be banned from the gym for the remainder of the season.

NEW RULES AND/OR POLICIES

1. Under no circumstances is a child to be left at the gym for an entire day without adult supervision. We are not their babysitters.
2. If a unsupervised child is caught acting up or disrupting the gym, his/her parents will be called to come pick the child up. If the parents can not be reached, then the police will be called to take the unsupervised child.
3. End of season tournament will be a double elimination tournament. It will be decided by order of finish in league. The exception will be if a team(s) are in a rec/comp league and are moved to the other league for the tournament. In this case it will be a blind draw.
4. If a team is moved to another league, they must abide by the rec/comp rules of that league.
5. Tiebreakers in standings will be as follows: 1) Head to Head 2) Point differential in your head to head meetings 3) Point differential for the teams for the whole season 4) Coin flip.
6. **NO ONE IS ALLOWED UPSTAIRS IN THE WRESTLING ROOM OR IN THE BACK IN THE CONFERENCE ROOM!!!!!!!!!!!!!!!!!!!!!!**
7. Twins or siblings that are required to be on the same team will count as 2. If you draft a set of twins or siblings you will forfeit your pick for the next round.
8. Please call 24 hours ahead to cancel a game you know you will not be at.
9. If you do not sign up on time before the deadline, you can not choose where your child is playing. It does not matter if he/she is related to you. It is not fair for you to get your first 3 picks then add related players to your team.
10. Once the ball has crossed the time line in 6/7 or half court in 8/9 you may guard them wherever they are. If they dribble back out beyond the time line or even if a dead ball is inbounded into the backcourt. Once they have crossed the line they are free game.
11. There are some instances that we will let a "competitive" team play in the recreation league. This will only be after we have seen them play for a year. Just because a team has a full team does not necessarily mean they are a competitive team. We try to make each league and tournament as fair and competitive as we possible can.
12. If an opposing coach has a question about a players age, they must address the recreation staff. The coach must do this. Not the parents. At which time the coach of said player will be asked to show their players birth certificate before their next game. Recreation staff will be the only people to see the child's birth certificate.